Elections Update



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La Midhoacana Review



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Volume CXXIV Issue 1

September 13, 2024

Serving Red Bluff High School since 1901

Red Bluff High School continues campus construction

Kylie Crow

Staff Writer

With the school year just starting, many people are watching the process of the construction happening in a ton of different places around the school. With 2025 coming soon and a lot of the construction coming to an end, the question remains what is being built and what is the future of this school.

Well I interviewed Mr. Brose about the present projects happening, and what could possibly come in the near future to new and old students alike.

The first question I asked Mr. Brose was what are they really building right now?

And to my surprise, it was a ton of new and exciting stuff. construction biggest you can see is from the student parking lot where they are building a brand new main office, also called the "student support buildings."

Not only that, they are building new classrooms that are for special education students, student drop off, and a canopy shade structure that is like a courtyard. It will also have a sign at the front of the school. Mr. Brose stated that the most exciting part is, "The student support center is actually going to be at the front of the school."

Which has been an issue with telling people that the office

is at the corner of the school parking lot. The office will rather than by the student be turned into a "Wellness"

center with more support for students and use it for some other stuff like the technology room. For people who don't

know how this works, every election year, the school puts out a bond for money that could help with fixing up the school and be able to build new stuff for the students and staff alike. This year being an election, the school board and Mr. Brose are hopeful that the new bond will be approved and be able to do even more phases. Some of the ideas that

have been recommended are new CTE classrooms

that are like the real world. When asked why, Mr. Brose stated that, "One of our goals is to get our kids ready for a career."

He also mentioned maybe bringing back culinary arts, improvements to tennis and swimming courts, and just the regular repairs. Students can get exited for these potential classes. Next year for sure they are going to be resurfacing the student parking lot.

All in all, 2025 is when most of the buildings will be completed and be able to provide students with the best learning environment. Mr. Brose says that there will be many more projects construction going on in the near future.



Construction underway to build the new office

New teachers welcomed to RBHS for the upcoming school year

Josiah Weston Manuel Staff Writer

As this new school year has started, some new teachers have joined Red Bluff High School! This year, the new teachers at Red Bluff High are Mr. Crispino, Ms. Fasani, Mr. Moller, Ms. Sanders, Ms. Smith, and Ms. Tyler. These new teachers were prompted with the following questions: "What inspired you to become a teacher? How long have you been teaching for? How has your experience at RBHS been so far?"

Mr. Crispino, the new band teacher, said, "I was inspired by many of my teachers who impacted my life. Music has always been part of my life. I did band when I was at Jackson Heights, Vista, and Red Bluff High. I loved it and knew that I wanted to continue to be part of music. In high school, I got involved in FFA and realized I liked working students making difference in their lives. I want to see young students grow, give them opportunities, and give them the best time Possible."

Mr. Moller, the new art teacher at RBHS, responded, had worked in health care for seven years,



From Left to Right: Niki Taylor, Daniel Crispoino, Trace Fasani, Lexi Pritcher

but when Covid hit, I felt like health changed. I did the afterschool program teaching art. I was in the class of '09. The campus but changed the community hasn't. The community is still very welcoming, and students

great." Ms. Smith, an education specialist, said, "In reality, it was probably my mom that

inspired me to teach as she worked in education in some capacity my whole life. The first day I worked in a preschool classroom, a little girl spit in my face and threw for two years her shoe at me. It didn't scare before, but this me, it made me determined is my first year to be her friend and be able to teach her. I've worked in education ever since."

Ms. Tyler, a new English teacher at RBHS, said, "So far, my experience at RBHS has been nothing short of amazing. The staff and English department has welcomed me with open arms! It feels great to work with an inspiring group of teachers and staff that strive to make a difference and are always striving to learn and grow as a team."

The Red Bluff community can look forward to a great school year with these new

Advisory undergoes revision once again

Josiah Weston Manuel

Staff Writer

More modifications have been made to this year's advisory class. Advisory had already been adjusted from its original form two years ago, where a student's fourth-period teacher was their advisory teacher instead of being randomly selected.

This year, advisory has been altered again, with the class now being graded with a Pass or Fail grade. Some RBHS students were prompted with the following string of questions: "What is your opinion on the new advisory? Do you have thoughts on it being graded this year? Do you feel it has been more enjoyable than last year?"

Some of the responses were the following: Angie Emanuel. junior, said, "It's definitely a change with grading, especially with it being either pass or fail. But I don't see it personally affecting me all that bad. I still miss advisory being your fourth period though,



Ms. Pelanconi's advisory students hard at work

I feel like it gave students a grade onto these already more time to bond personally and academically, with all the time you had in class

and them in advisory." Kylie Prows said, "So far, I think the different activities we've been presented with have been more entertaining than the ones from last year. However, I do believe making the class graded is going to end up actually working against the class. Students already didn't like participating in the activities in previous years. Adding

disliked activities, likely make students struggle even more with wanting to participate in the class."

Carly Wagner said, "I think grading me based on if I play charades is ridiculous when I could be finishing my assignments for other classes."

Hopefully, the advisory will be seen as more enjoyable and effective by students following these new drastic surprising changes.

Make-Up Pictures

- Monday, September 9 is Make-Up Pictures
- If you were unavailable to get your picture taken, do not fret
- 7:30 am 3:00 pm at the Spartan Gym! Be there or be square!

DELAC Meeting

- A District English Learner Advisory Comiteee will be held on Tuesday, September 10 at the Spartan Plaza
- Parents, staff, and community members advise district officials on English learner programs and services.

loat Construction

- Float construction starts Saturday, September 22!
- At the Spartan Farm from 12:00 pm - 5:00 pm!
- Show some spirit and help your class make the best float!

Staff Editoria

Schools should be wary of artificial intelligence usage

The recent advances in Artificial Intelligence technology have brought with I them an increased push for mixing the technology into the education system. Supporters insist that it can be a tool used to accurately grade papers and spur ideas in struggling students' minds. However, the cons and threats of AI technology far outweigh the pros, especially when it comes to education.

Here at Red Bluff High School, we have already seen how the presence of AI has encouraged students to cheat. Chat GPT articles and essays have become all too prevalent in our high school, and in schools around the country. Even prestigious universities such as Columbia University and UC Berkeley have admitted that they have been struggling with AI work masked as students'. Almost two years later, we as a society are no closer to getting a handle on it.

The main reason students will turn to Artificial Intelligence, especially in English or History classes, is because they are afraid of putting in the effort and failing, which defeats a major purpose of the class. Assuming they are able to surpass the obvious obstacles of AI's inconsistent grammar, robotic phrasing, and complete biasing, students will have lost a valuable opportunity to overcome a hurdle in their educational career.

The more that students - and we, as a society - lean on AI as a crutch to avoid failure, the less productive we will become. Success and failure are vital parts of the learning experience. As author Roy T. Bennett once said, "The one who falls and gets up is stronger than the one who never tried."

The aversion to success is only one of the disadvantages of having AI in schools. If Artificial Intelligence is allowed even to spur on students' creativity, children will never understand how to overcome creative or writing blocks. They will increasingly rely on AI to solve problems that they otherwise would have to think through.

If students begin interacting more and more with AI, they could become isolated, both from their peers and their teachers. What use will there be for group work when one kid can have a conversation about the topic with Chat GPT? Why would the student go to their teacher for help when all they have to do is type the question into a text box? Mental illness levels could skyrocket as a result of this isolation, and the highly valued relationships between teachers and students would become irreparably damaged. Consider how AI could affect our own school: Staff have been pushing to increase valuable student-teacher relationships for over two years now. AI could undo all of that effort. Allowing Artificial Intelligence in our schools and educational systems would be a devastating mistake, one that would do irreparable harm to the younger generations who will already be struggling with technological boundaries. Before we can even think about including AI in our schools, we must establish strict boundaries with it as a society, something that could take decades to fully do.

Did we dodge a bullet? Trump did

Carson Alvarez Staff Writer

The elections so far have been very eventful. Joe Biden dropped out of the race and was replaced

by Kamala Harris, the current vice president of the US. Along with that, Donald Trump was nearly assassinated at a rally in Pennsylvania on July 13th.

Throughout this article we will go over what Kamala Harris' pros and cons are mainly because it has more relevance to the election, but at the end I will talk about the tragic that happened at the Trump rally.

Kamala Harris, the current Vice President of the United States, embodies a historic and transformative presence in

American politics. As the first female Vice President, and the highest-ranking female official in U.S. history, she is also the first African American and South Asian American to hold this office. This groundbreaking achievement represents a significant milestone in the quest for diversity and representation

government. assuming the vice presidency, Harris accumulated experience substantial as a U.S. Senator from California and as Attorney

Before communicate effectively has helpedher engage with diverse audiences and advocate for these important causes. However, her tenure has not been without challenges.



General of California. Her background in law and public service has provided her with a comprehensive understanding of legal and policy issues, which she has leveraged in her role.

Harris has been proactive on several critical issues, healthcare. Her ability to

She has faced fluctuations in approval ratings, which have impacted her public perception and effectiveness. Critics have sometimes questioned her ability to make a substantial impact or have argued that she has been sidelined in key policy areas. including climate change, Additionally, Harris has criminal justice reform, and encountered criticism from various political factions,

which overshadow can her accomplishments and contribute to polarized views of her performance.

The high expectations that come with being the first to break several barriers can be both a strength and a challenge. While her historic role has elevated her profile, it has also subjected her to intense scrutiny and higher standards of performance. Balancing these expectations while addressing the complex issues of her office remains a significant aspect of her vice presidency, influencing how her achievements and challenges are perceived.

At the Trump rally, the shooter was killed, but not before he could kill a man named Corey Comperatore. This man was attending the Trump rally with his family. This man was also a former fire chief. He died while protecting his family. He died a hero and we mourn for his family and friends. "He's a literal hero. He shoved his family out of the way, and he got killed for them," said Mike Morehouse, who lived next to Comperatore for the last eight years. "He's a hero that I was happy to have as a neighbor."

How cool is homeschool?

Asia Lugo

Staff Writer

Which homeschooling or in-person school? In my opinion, in-person schooling is beneficial than homeschooling or even online schooling. In-person school offers an environment that is both beneficial for students academically and for their social development. Most schools provide a schedule that helps students develop time-management skills.

Having experienced teachers who can provide feedback and assist students whenever the student needs help is a huge advantage. Teachers can change their teaching styles to suit the needs of the students, which makes sure that all students understand the material. Access to social interaction is also a huge benefit

of in-person schooling. These interactions occur during classes but also in extracurricular activities, like sports and group projects.

This social environment students helps how to work in conflicts, resolve relationships.

who

attend

Students

school in person have more access to various resources. Most of the time schools have counselors and supportive staff members who can help students with a wide spectrum of academic or personal struggles that any student could possibly be going through. Lastly, while homeschooling may offer flexibility and customized learning, in-person schooling provides a more structured environment. social interaction, extracurricular or after school opportunities.



OG pencils or new gen plastic ones?

Tait Calzada

Staff Writer

The wooden pencil has been in use since 1560, but modern mechanical pencil was invented in 1795 by Sampson Mordan and John Isaac Hawkins, who made the first patent. Despite there being multiple types of writing utensils, the mechanical pencil is by far the best option.

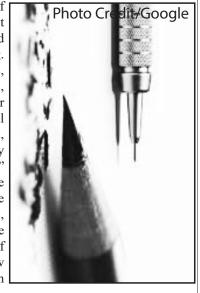
Firstly, it is incredibly simple to adjust the lead. With just the click or push of a button, the lead is pushed to the tip of the pencil. In contrast, wooden pencils require a sharpener, which can cost anywhere from \$10 to \$60, and in doing so, shortens the lifespan of the pencil. Everyone with a wooden pencil knows that awkward feeling of walking to the front of a class to sharpen your pencil. Secondly, when the eraser runs down

on a wooden pencil, you have to either replace your writing instrument or pack around an extra eraser.

On the other hand, with a mechanical pencil you can just pick the eraser out of the pencil and replace it with a new one. Thirdly, mechanical pencils are superior thanks to the precision they allow you when writing or drawing. The small diameter of the lead pieces makes it easier to be in control and meticulous with your writing.

We asked Trystan Burris, a student at Red Bluff High, about her opinion on whether wooden or mechanical pencils are better. She stated, "Mechanical pencils are way better than wooden ones." When we asked why, she replied, "You don't have to get up to sharpen them, and you can just refill the lead and erasers instead of having to buy a whole new pack of pencils." When wooden pencils were first made, Francis II of France had just died, which puts in perspective just how outdated

and old wooden pencils are. Even though mechanical pencils were invented a while ago, they are much more recent than wooden pencils, so seriously consider mechanical pencils over wooden ones.



Is senior seminar worth it?

Greta Ward-Dickinson

Staff Writer

Senior Seminar is a class that takes the place of advisory for seniors, and it takes place on either Tuesday or Wednesday. Many seniors are unhappy with this setup because, on the days they don't have Senior Seminar, they end up sitting in the library with nothing to do. They often feel that this time is wasted and could be used more effectively.

The main goal of Senior Seminar is to help students talk about their future. It focuses on career paths and what students want to do after high school. During the first day of school, all seniors went to a big meeting in the PAC, where all the advisors explained what Senior Seminar is. They discussed what students can expect and how the seminar will work. The seminar has a rotating schedule which can be seen on the school website under student resources.

This means that every week, students switch teachers. However, there's an exception, when counselors are there, students stay with their homeroom teacher. So many seniors are very very confused about how the rotating schedule works. They will most likely find it hard to adjust to switching teachers every week and are already not pleased with how it disrupts their routine.

They feel that the rotating schedule makes their school day more complicated, less predictable, and just overall not fun. It will definitely take some time getting used to and teachers say last year it took a couple of weeks or even months for the seniors to get used to this rotating schedule. Seniors will definitely be walking into the wrong class a little more often when the rotating starts.

Many wish there was a clearer and more straightforward way to manage their time



get the support they need during their senior year.

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Editorial Policy: Opinions expressed are not necessarily those of the district, staff, or student body. We welcome signed letters to the editor. Names may be withheld upon request. We also reserve the right to edit submission based on length and/or clarity.

Who is your favorite teacher and why?



Maya Slaugenhaupt (9) "Mrs. Lopez because she's a really good spanish teacher"



Collin Fletcher (10) "Ms. West because she pushed my past my limits"



Natalie Newport (11) "Ms. Garcia because she gives off positive energy'



Paul Snider (12) "Mr. Spangler because he showed me what I wanted to do"



Mrs. Dausee "Mr. Allwardt was my AP English teacher and made



Mr. Dais

"My favorite teacher was Mr. Barrow. He let me be goofy and made me feel safe. Also he let me name

his child" Sound Off /Zander Ross

Students peruse clubs at RBHS club day

Naomi Craig

Staff Writer

August 28 was Club Day, a time to see what fun afterschool activities RBHS has to offer. As you walked around the Shade Structure during lunch, you probably noticed the Eco Club, NAMI, Diversity Club, Dungeons and Dragons, Key CLub, Society of Latinos Empowering Students Club (S.O.L.E.S), Friday Night Live (FNL), and many more groups.

There is a welcoming community for everyone. There are groups for almost everything, but if they are missing something, you can start your own club! There are applications in the Main Office to create a new club. To request approval, one must list the idea itself, an



Women Supporting Women Club Photo Credits/Bluffer

advisor, meeting days, how high school is like and how officers will be elected, activities, etc. August 30 was had about ten to fifteen the last day to establish a new club for the fall season, could always use more! but it is never too late to join an already existing one. of the Baile Folklórico Club

way to meet new people and learn more about the subject. Students who frequently attend their meetings are proven to have better social skills, boost in confidence, improved time management, and relieve stress. Along with those benefits, clubs look good on resumes, provide experience for future jobs, and build on students' academic abilities.

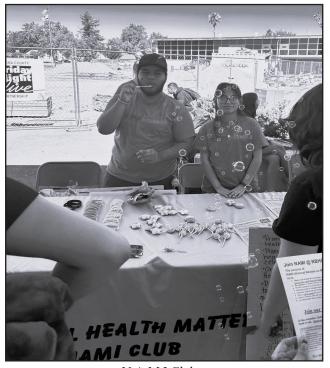
Despite all the pros, it can be hard to balance it to every event and go school and club activities. Asking fellow students at It is a great opportunity RBHS, they said it can be challenging to do both, but it is a rewarding experience. Last year, junior Kylie Crow was a member of Nami, Mental Health Advocates, and Diversity Club. She said Mental Health Advocates was her favorite because they got to travel to middle schools nearby and teach the eighth graders about what

to handle it. The three clubs active members each, but

I, myself, was a member Joining a club is a great for the past two years. I learned about Hispanic culture and history, and beautiful Latin dances. I greatly enjoyed getting to meet new people and being pushed out of my comfort zone by performing in front of crowds. High school is only four years long, but it can feel a lot longer when you have nothing to do and no friends. I highly recommend joining a club, even if you cannot make the extra mile every time. learn new things make connections.



Photo Credits/Bluffer



N.A.M.I Club Photo Credits/Bluffer



Girls in Stem Club Photo Credits/Bluffer

Suicide Prevention Walk

Harmony Oakes Staff Writer

Each year, Avery Vilche and Travis Lyon from the Tehama CountyDepartment of Behavioral Health organize a Suicide Prevention walk. They invite the NAMI Club to be a part of it and design the T-shirts. Members of the NAMI club also attend the event to show support for suicide prevention awareness.

The participants of the Suicide Prevention Walk all hold posters and spread awareness of mental health and suicide prevention. Phrases like "honk for mental health" are written on each poster helping people who struggle with mental health know that they are not alone. NAMI President, Naraina Club Yem, designed the t-shirt which everyone who goes to the walk will get for free.

NAMI Club President also quoted "This year we plan to walk further and I would like to invite my friends because they are people who stood before me when it came to my thoughts of suicide." I asked Darbie Andrews; an advisor of the Suicide Prevention Walk, why showing support is important, "We want everyone to know that suicide is preventatable and there is help for anyone thinking about suicide."

The NAMI club creates signs that they carry during the walk with information about the 24 hour crisis line, 988 and ending the stigma around mental health. The NAMI Club has participated in the Suicide Prevention walk for the previous five years. The walk is in Red Bluff located at the clock tower at 5:45 pm and you listen to a few announcements then you'll walk down Main Street together; with members of NAMI and participants. It's about a 20 minute walk down a few blocks and back.

Some people bring pictures of loved ones they have lost to suicide. Each year they take photos at the end and leave feeling proud to have done something to prevent suicide. The RBHS web page also has mental health resources if you click the search bar and type, "mental health." The Suicide Prevention Walk saves lives so help them save more by attending.

Spartan Student Feature: **Emily Flores**

Tait Calzada

Staff Writer

Red Bluff has a bunch of amazing students, but one that really outshines others is Emely Flores. Emely Flores is an outstanding student at Red Bluff High that has done a lot of inspiring work for the school.

For instance she is taking a Health Occupation class and can not wait to go to the hospital and use what she has learned from this class. She thinks Health Occupation is a good class to take because it exposes you to the medical field and opens

a whole new set of careers. What makes her so great is that she has played volleyball for 3 years, Her freshman, junior and now her senior year. She now plays on our Varsity team. Her favorite thing about the sport and playing it is how everyone works together. One weakness on the team is communication each other.

In her opinion, she thinks she has grown a lot as a person and as a student since her freshman year of high school, the biggest difference she stated that she notices is her familiarity with teachers and especially other students.

She says her junior year has been the most enjoyable year so far in her high school career, the reason for that was, "I went to all the football games and really got into the school spirit". She

but is not sure which clubs. She says her plans after high school is to go to college at Southern Oregon

wants to join clubs this year

University. Red Bluff Highschool has a reputation to withhold. Emily Flores is the perfect representation.



Emily Flores Photo Credits/Bluffer

Spartan Teacher Feature: Mr. Crispino

Carson Alvarez Staff Writer

Mr. Crispino is the new music teacher for Red Bluff High School. He teaches band, guitar, jazz and mariachi. He said he is happy to be here and is looking forward to many years in service. He is focused on creating a close team environment for all of his classes and is looking forward to seeing the potential of his music classes.

He has big plans for our highschool band and wants to perform for things bigger than just a highschool event. He wants them to perform in places around the community like restaurants and events like the fair. He said, "I

would love to see the band become as well known and talked about like the other sports around the school. I look to make a friendly environment within the music room and welcome all students to come to the music room during lunch our break."

He really wants to make a new home within Red Bluff High School. Mr. Crispino has come to the school this year to teach, but he also says that he is here to learn.

This is his first year teaching and he would like to know more about the students and be able to hear the stories of the people he is teaching. He wants his students to discover passion when they are in his class if it is for music or anything else. In his free time, Mr. Crispio loves to go outside and explore the wilderness. He loves camping and going on hikes all around California; he loves all kinds of hiking from around the lake to up the mountain. He said, " I love to be outdoors." Wade Krois who is a junior this year said that they are looking forward to this year of band and that "it will be a good year for the band." Another student in the class was very happy that the band room is a safe place. When I was talking to them she said, "I love band, it helps me calm down in the morning and grounds

me when I feel down." This tells me that Mr. Crispino is already doing what he came here to do even if it is just for one person. Mr. Crispino is working hard to make the band a

welcoming place for all students in the school. Red Bluff High School is fortunate to have him return to his alma mater to help build a band program that the school can be proud of.



Mr. Crispino Photo Credits/Bluffer

A Good Girl's Guide to Murder portrays a good adaptation to the book

Kayden Lyon

Staff Writer

on what you have visualized or based upon what you have heard from the people who constantly surround you throughout your everyday life. For example, you cannot immediately form an opinion based on the first episode, due to the fact that you never know what could happen later on. You should always follow this sentiment when searching for a new novel to read; you can't judge a book by its cover. You can't judge a show by its pilot. After being a reader for the last eight years I never knew that watching a show and reading a novel could be similar. Because I've always read the story before watching it unfold in front of me all the way from "James and the Giant Peach" to "The Great Gatsby". After watching a newly added show on Netflix, "A Good Girl's Guide to Murder," I have understood that I have

been oblivious to the fact that

When watching a show, you directing or what concept formed my own opinion on this begin to form an opinion based they were to be making the show but also learned what their

whenever a show is created it show about. After carefully doesn't always mean that the interviewing two very well director knew what they were known readers I have not only

perspectives are after reading show is loosely based upon the the novel that their film is the novel "A Good Girl's book" which only backs up the supposedly based upon. While Guide to Murder" and then reviews that were posted by beginning to watch the show. present readers of the novel; Abby Gregg believes that "The that not every director has read

forming my own opinion on this show I interviewed another student who goes by Emily Moore on the differences that she notices between the novel and the show. She has realized

that "the characters aren't who

they might seem to be in the

novel and their personalities

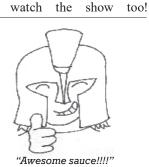
are totally swapped." If I were

to imagine the show as a novel,

they would be two incredibly

different novels. Overall, the

series " A Good Girl's Guide to Murder" does not relate to the book but appears to be at least entertaining. I love story so and the show is awesome quite a great



La Michoacana Plus, traditional Mexican Ice Cream!

Zoey Pelanconi

Staff Writer

If you're unable to go to Mexico to get authentic ice cream, La Michoacana Plus is the next best thing. Opened up in Red Bluff on July 13th, it has been a hit ever since. The parlor is located on Main Street right next to the Little Caesars. Jiménez, the founder of this popular ice cream parlor, is a descendant of three generations popsicle makers. Jiménez decided to take things further and start his own business. "The key

to success lies in the quality of its ingredients...sure to use only fresh and highest quality ingredients" says the Michoacana website which you could visit to learn more. I had the opportunity to visit the shop and from the moment you step inside, you are overwhelmed with bright, fun colors. Not only were the walls colorful, but all the ice cream flavors were as well. You can either have a water based ice cream or a milk based so it's a perfect place have the opportunity to for diet restrictions. I tried the Strawberry (water based)



my mom tried the Cheesecake (milk based) flavor and said it was amazing. Not only did we try the ice cream, but we tried the paletas as well and they had super fun and different flavors. On top of the great ice cream, they have a menu full of tasty things to try, from bionicos, vaso de elote, to nachos. La Michoacana has almost anything for your weekend sweet treat. Nonetheless, they are most famous for their paletas. You

take home a 12 count box to stock up your freezer, which in turn also gives you

the opportunity to try 12 different flavors. And if vou buy more than 50 dollars worth of sweet treats you either get the chance to spin the wheel or two FREE paletas. Currently, Michoacana Plus more than branches of stores all around the world. Rubén ice cream turned his idea international wonder which o n e should visit and try at least once.



Travis Scott re-releases 2014s Days Before Rodeo

Keiliena Lindstrom

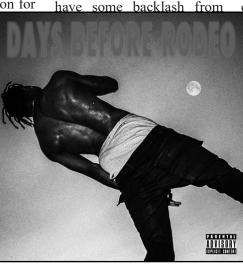
Staff Writer

Travis Scott originally released "Days Before Rodeo" in August 2014, and it was a free mixtape that laid the foundation for his future stardom. Now, in 2024, it's

been officially re-released streaming platforms like Spotify and This release no celebrate only the mixtape's 10th anniversary, also marks official entry into mainstream. after years of being

available only on platforms like SoundCloud. Now that this album is available everywhere fans get to see what created him the artist he is today. Fans are glad to have some new material from him since his last album from 2023

"Utopia" was such a fan favorite. Travis Scott's songs have a different type of vibe to them and that is what attracts all his fans since his songs have an "out of body" experience. He does still



the Astro World Festival tragedy in 2021 but you don't have to like the artist to like their music. He also had a few features on this album like Young Thug who appears on both "Mamacita" and "Skyfall," bringing his energy and blending with Scott's experimental style, particularly on the haunting "Skyfall". Rich Homie Quan adds a smoother, melodic "Mamacita," Thug's complementing chaotic delivery the balancing track's intensity. Big Sean really puts a lot of his own spin on "Don't Play," giving a confident, punchline-heavy verse that adds mainstream ppeal to the track's hardnitting beat. All contributed to album's different ype of music, enhancing lasting impact.



The Bluffer's 10 Favorite **School Movies!**

- 1. Super Bad
- 2.21 Jump Street
- 3. Napolean Dynamite
- 4.10 Things I Hate About You
- 5. She's the Man
- 6.School of Rock
- 7. The Breakfast Club
- 8. Mean Girls
- 9. Wonder
- 10. Work It



Twisters remake is perfect

Greta Ward-Dickinson Staff Writer

"Twisters" is a new movie about a big storm that causes tornadoes. The film follows a group of people who have to deal with these dangerous tornadoes while trying to survive.The story begins with a peaceful day but soon tornadoes start appearing and causing chaos. The main characters, who are ordinary people, find themselves in dangerous situations as they try to protect themselves and others from the tornadoes. The movie is filled with action and suspense as the characters face one tornado after another. The special effects in "Twisters" are impressive. The tornadoes look very real and create a lot of tension. The scenes with the tornadoes are exciting and keep you on the edge of your seat. The way the movie shows the destruction caused by the tornadoes is both dramatic and intense.The characters in the

movie are simple and easy to understand. They each have a basic role, like the brave leader, the worried parent, or the helpful friend. This makes it easy to follow their story, even if they aren't very deep or complex. The film's plot is straightforward. The tornadoes create problems, and the characters try to fix them. There aren't many surprises or twists, but the movie keeps the action going with lots of tornado scenes and dramatic moments. It's a bit predictable, but the excitement of the tornadoes keeps it engaging. Overall, it is a fun movie if you enjoy disaster films with lots of action. The tornado scenes are well done and provide a lot of excitement. The characters are simple, and the story isn't very complex, but the film does a good job of keeping you entertained with its thrilling tornado action.It is an exciting disaster movie with impressive tornado effects. This one is worth watching.

What athlete inspires you the most?



Connor Lyford (9) "Jose Altuve"



Nevaeh Flores (10) "Michael Jordan"



(11)Marco Zepeda "Deebo Samuel"



Aralynn Winnstead

"Travis Kelce"



Mr. Michael (Teacher) "Lebron James"



Mrs. Pritchard (Teacher) "Colin Kaepernick"

New football season kicks off with a win

Keilina Lindstrom

Staff Writer

School has recently started back up which means football has also started and Friday Night Lights are back! All three teams started practices in the summer to prepare for their games.

We have a lot of upcoming football events to be excited about. Things like the first game of the season, Shoot-Out, homecoming, and more. This year we have a new rivalry game against West Valley called the Cattle Bowl, which RB won 34-14.

It was their first game on August 30 at West Valley with JV 7 playing at 5:30 pm. and Varsity playing at 7:30 p.m. The winning

team gets a belt buckle as their trophy. The theme for the game was camo and cowboy hats and there was a dress up day. The teams are very excited to have another big game to look forward to. The Frosh team will not be playing on Fridays with JV and Varsity but will be playing on Thursdays.

Halo Thome, our freshman quarterback, had some things to say about the upcoming season. He said how he isn't excited about any particular game but just to start the season in general. We also asked Halo about why he started playing football and how long he will be continuing for; he said "I have

a couple years and wanted to do it again in highschool and I plan on playing all 4 years." We are excited to see the new potential for the frosh team. The athletes have recently started to sell their annual football

cards and each card counts as one meal. They have been going to neighborhoods and stores throughout Red Bluff to sell the cards. They are fundraising for new equipment, uniforms, and etc. They have recently also gotten new stands for the stadium and new jerseys. We also would like to send our condolences to one of our Varsity coaches who recently passed: Coach Sylvia played a

significant role in shaping not only the team but also the school's football program over the years. His dedication developing athletes young and teaching values of teamwork, perseverance, and sportsmanship will never be forgotten.

Volleyball spikes into the new season

Kayden Lyon

Staff Writer

The sport of volleyball has not only affected the students who have played and represented Red Bluff High but has also affected the students who have not.

The sport is capable of entertaining the players and students who are simply cheering our athletes on from the sidelines. Whenever our players compete against our rivals and we're down to that

point, the ones who have not already risen to their feet do so. This will event forever hold a place in our hearts. Not only the ones who stand along sidelines and

watch that clock as it slowly clicks, but also the players who have been wishing for this moment since the season first began.

After having interviews with the students who represent our school out on that court, they stated that they

have been craving that moment when they will need just that last point to beat our most significant rival, West Valley.

The RBHS volleyball players are capable of admitting that throughout the pre-season they have not only made mistakes, but also have taken the time to admire their strengths such as working together when it counts. A complication that they face not only while practicing but also on the court is their communication skills.

The girls who have earned

the opportunity to participate in these moments have grown used to the pressure which rests upon their shoulders. The players earned their place on the

Freshman

Maya Slaugenhaupt voiced in her interview that "being on that court is what she's loved since as long as she can remember". This just further shows how hard these players work their entire lives for a chance to represent their school on the court.



Red Bluff Girls Golf Team aims for taking the sections this year

Harmony Oakes

Staff Writer

Last year our girl's golf team got a new coach after the previous one,

Mr. Culp, retired. Mrs. Salinas, the new coach, says: 'Team goal this year is to qualify for sections as a team!" The girls golf team consists of four returning players and eleven new

The girls golf team has a total of six EAL matches this season, one tournament that will be hosted by Red Bluff High School, and the EAL finals that will take place at the end of October.

Their first golf match is on September 11th at the Golf Hills



The Girls' Golf team gathers before a match

Golf Course. At the first golf match, the girls will play against five other teams in their league: Chico, Pleasant Valley, Shasta, Enterprise, and Foothill. Linda Miller, who's in

twelfth grade at Red Bluff Union High School, says to join the girls golf team because, "It is a super laid back sport that allows you to learn patience and enjoy the nature

around you, as well as getting to know your competitors in a friendly way."

The girls golf team practices at

the Wilcox Oaks Golf Club.

On Monday, September 30th, the Red Bluff Union High School's girls golf team will be hosting the annual Helen Lengfeld Memorial Tournament at Wilcox Oaks Golf

The girls will be playing a full eighteen hole round and there are five schools participating in the tournament. A few of the schools are local: Foothill, Enterprise, and Pleasant Valley High School among them, and a few are traveling from the bay area to come and compete in the Helen Lengfeld Memorial Tournament.

Mrs. Salinas says, "All the girls have tremendous potential and I am hopeful that it will be an amazing season!"

RBHS Athlete Feature: Lila Magana

Asia Lugo

Staff Writer

Lila Magana is a junior here at Red Bluff High. Lila is involved in multiple sports, including varsity basketball and varsity volleyball. I asked Lila multiple questions about her basketball and volleyball experience.

Lila is an outside in volleyball and a guard in basketball. Lila's favorite thing about volleyball is the team environment, and she likes to play and hangout with her friends. She is mostly excited to participate in the pinkout game and play against West Valley. I asked Lila what her least favorite rule in volleyball was and she said that her least favorite rule is that you aren't allowed to touch the net.

In basketball she is most excited to play against Enterprise and to spend time with her friends on the team.

Lila chose to play high school volleyball because she is passionate about the sport and she played volleyball in middle school. Lila



decided to start to play basketball because it has been in her family for years and her parents pushed her to play and she has grown to

Lila is 16 years old and 5'8 which is a great advantage for her sports. Lila used to attend Berrendos Middle School.

She also works at E'z Locker Room. Lila has a total of 6 people in her family. Lilas family is super involved in basketball and her dad, Joel Magana, is also the JV boys basketball coach and helps run the team.

Red Bluff Tennis Team preps for season despite

Zoey Pelanconi

Staff Writer

The girls tennis team at Red Bluff Union High School is off to a great start as the summer is finally starting to fade into the fall semester and the courts are no longer a aging 110 degrees.

With 15 girls on the team, the coach, Cynthia Santos has her hands full. However, with some help from the new assistant coach, David Bilhar, the team has a real chance at going to the finals again this year. During the summer, tennis conditioning started n late July while official practicing started on August 14. Practice will continue every single day for about an hour with challenge days that are every Friday.

These days are when the players challenge each other for their ranks which is important for match days with other schools. With so many new girls this year and last year's seniors graduating, the ranks

changed drastically. However, is running in third. Their first Mackenzie Harris, a junior, is still on top and is not planning played at home on August 20 on budging. Earning her spot and more games will continue because of her dedication to on Tuesdays and Thursdays. the sport outside of the school season.

Dennis Poulton, a retired the 7. RBHS tennis coach, has been giving some girls lessons during the off season and Mackenzie Harris has been working with him for a good amount of years.

game against Orland was The big Foothill Tourney will begin on September 6 through

Junior Lillie Rainwater who is ranked four and has been playing for two years said "being fast really helps when playing...and the team has Keira Klein, a senior, is a close really grown in size." Good second in the ranking, while luck to our tennis girls! Be sure Madison Harris, a freshman, to support them every Tuesday



